

# Occupational Therapy Skills Checklist



## Sterling Staffing Solutions

[www.sterlingtherapy.com](http://www.sterlingtherapy.com)

**Directions:** By completing this checklist to the best of your ability, you will help us match your skills in areas of interest with our available assignments. Please place a check in the column that most accurately describes your level of experience with each skill.

**Submit your completed form by clicking the Submit button at the bottom of this form.**

A= No Training or Experience

C= Some Experience, need review and supervision

B= Classroom training only, never performed

D= Performs proficiently and independently

First and Last Name:

Acute	A	B	C	D	Orthopedics	A	B	C	D
Home Assessment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Total Hip Replacement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Home Modification/adaption	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Total Knee Replacement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Driver re-education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	UE Joint Replacement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Orthopedics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Amputation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cardiac	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Fractures/dislocations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
ICU/SICU	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Traumatic hand injury	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Oncology	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Arthritis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Geriatric	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Back Injury	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pediatric	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Multi Trauma	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Respiratory	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>					

Transplants	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	<b>Orthotics/Prosthetics</b>	<b>A B C D</b>
		Static splinting	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
<b>Neurological</b>	<b>A B C D</b>	Dynamic Splinting	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
CVA	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	Serial inhibitory casting	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Coma Management	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	UE prosthetics assess/train	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
SCI	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	LE prosthetics assess/train	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
MS	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>		
Parkinson's	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	<b>Hand Therapy</b>	<b>A B C D</b>
TBI	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	Modalities Certification (y/n)	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Alzheimer's	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>		
Cummulative trauma disorders	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	<b>Technique Assessments:</b>	<b>A B C D</b>
Gullian Barre Syndrome	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	Independent Living skills	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
ALS	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	Physical	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Laminectomy	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	Psychosocial	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Craniotomy	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	ADL	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
MVA	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	Cognitive/Perceptual	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
		Sensory	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
<b>Pediatrics</b>	<b>A B C D</b>	Therapeutic adaptation	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
NICU	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	Positioning	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>
Congenital anomalies	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>	Restraint reduction	<input type="radio"/> <input type="radio"/> <input type="radio"/> <input type="radio"/>

Multi-Trauma

Home Safety

Arthrogyposis

Modalities

Juvenile Rheumatoid Arthritis

Cerebral Palsy

**AGE COMPETENCY**      **A B C D**

Spina Bifida

Newborn/ Neonate (birth -30days)

Musculoskeletal Disorders

Infant (30days-1 yr)

Genetic Conditions

Toddler (1-3 years)

Learning disabilities

Preschooler (3-5 years)

Perceive developmental disorders

School age children (5-12 years)

AIDS

Adolescents (12-18 years)

General Medical Conditions

Young Adults (18-39 years)

Sensory Integration

Middle Adults (39-64 years)

Older Adults (64+)

**Mental Health**      **A B C D**

**Treatment**      **A B C D**

Medicare Documentation 700 & 701

Neurodevelopmental

PPS

Transfer Training

MDS Form

Reflex management

Postural re-education

Additional Comments  
or Skills

Signature:

Date:

Positioning

   

ADL retraining

   

Work  
simplification/energy  
conservation

   

Sensory re-education

   

Sensory integration

   

Manual Therapy

   

Functional Mobility  
Retraining

   

Valpar